#### **Changing the Methodological Lens:**

### Learning Community Psychology via Community Outreach

Community Psychology is an elective paper that is taught to the final year students of Psychology Honors. The third year students (approximately a batch of 30) supervised by the department faculty Dr. Anisha Juneja, reviewed papers or collected data by constructing a semi structured interview. As a part of the assessment as well as a means to understand the subject better, the students were divided into small groups and were asked to identify communities of their interest. While some were asked to theoretically review the status of those communities in India, the policies, acts and welfare schemes available for them, others were asked to interact with those communities in their natural settings. The communities identified were people with disability, adolescent orphans, house helps, substance abusers, theatre groups, students of north east and the like.

Examples of theoretical assignments familiarized students to the measures taken by government in making the country more accessible to people with disability in terms of infrastructure, education and employment opportunities. Through different mandates in institutions of higher education as well as workplaces, an effort is being made to encourage inclusivity. Another assignment on panchayat system of India made students learn about the concept of swaraj or self governance and how it represents collaborative and efficient functioning.





Panchayat Raj Institutions -Community Based Organization Convergence Project (The PRI-CBO Convergence Project)

Presented by :-Drishti Kalra (PSY/19/6) Saakshi Bhargava (PSY/19/68) Tarini Singh (PSY/19/48) Prerna Bansal (PSY/19/55)

Examples of empirical assignments helped students understand the experiences of people in the socio-economic-cultural background that they come from. They went in suburbs of the capital to understand coping and resilience of domestic helps post pandemic by interviewing them. Some students went to an orphanage to understand cognitive processes and social relationships of adolescents and how the dynamics of such a place have an impact across their life span.



# AIM- To study the domestic helpers' experience of Covid 19 pandemic and their growth post pandemic



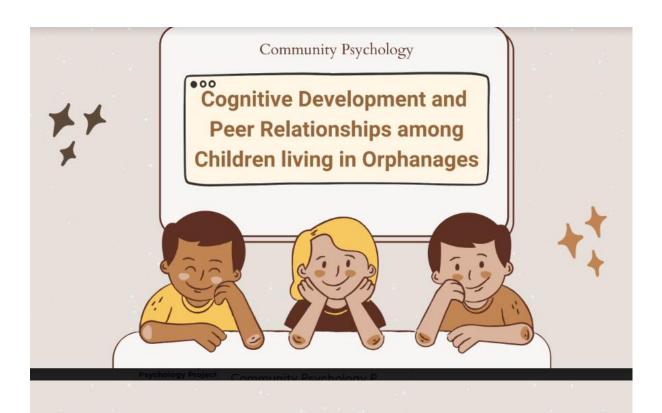


## Details of Data Collection

Sample size - 12

Number of visits - 3

Place / Setting -Akshardham Apartments, Dwarka, Sector 19



## **AIM**



The aim of the present study is to assess the cognitive development and peer relationships of adolescents (14 to 18 years) living in orphanages of New Delhi.